

Breakfast in the Classroom

A Guide for Teachers



Thank you. Thank you for helping students start the school day with a nutritious meal. We hope that the Breakfast in the Classroom meal service option helps your students succeed in school by ensuring they can focus on your lessons and not a rumbling tummy.

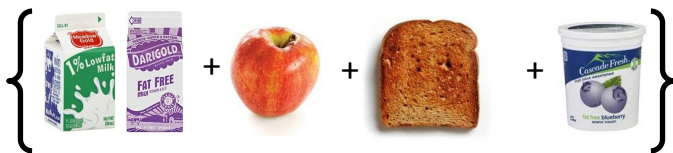
Please use this checklist to ensure meal service in your classroom meets reimbursement requirements.

Breakfast in the Classroom Checklist:

- Make sure all students select at least one fruit or vegetable with their breakfast.
- Make sure students take at least three items.

Item = 1 milk, 1/2 cup fruit or veg, 1oz grain, 1oz meat or meat alternate

If the meal offered today is:



Examples of Reimbursable Meals:



- Record an accurate count of reimbursable meals selected.
- Follow safe food handling procedures outlined by your Food Service Department.

Students learn healthy habits from daily interactions with adults. Thank you for showing your students that a healthy day starts with breakfast.

Civil Rights and the School Breakfast Program

- Please ensure that students with special needs (food allergies or other disabilities) have the correct meal for their needs.
- Please do not separate students by gender during the meal service.
- Students/households have the right to file a civil rights complaint if needed. Please see the non discrimination statement (below) for information and instructions.

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